

You should avoid doing these things when an older patient suffers from epilepsy⁷

Do not keep anything forcefully in their mouth until the seizure is completely over and the individual is fully alert again. This also includes medications or fluids.

Do not restrain muscle movements as it can cause damage to muscles. It can also cause fractures as the bones of elderly patients can be fragile.



Most elder patients with epilepsy can have **good control** of seizures with appropriate treatment.^{4,8}

Up to **62%** of older patients living with epilepsy can become **seizure-free after two years.**⁹

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Elderly

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Epilepsy in ELDERLY

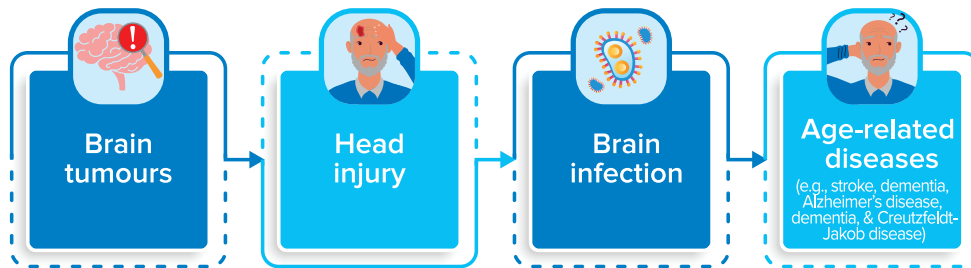




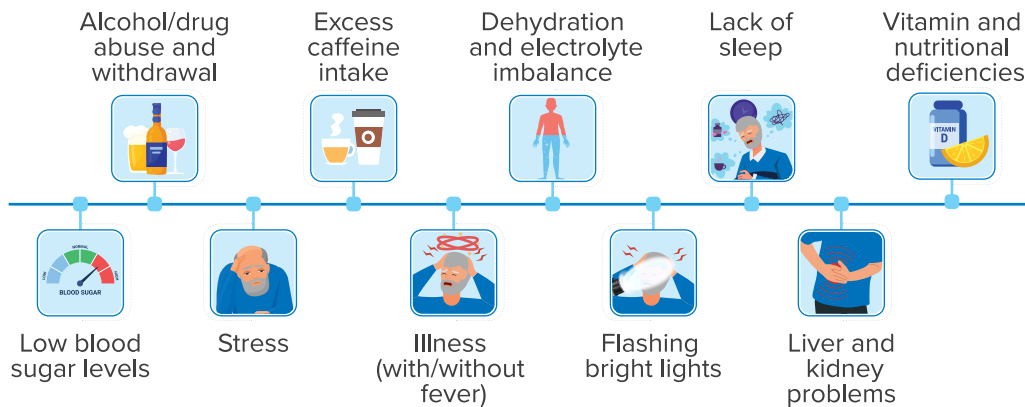
Globally, up to 240 older patients (**≥65 years**) per **100,000** suffer from epilepsy each year.¹

Nearly **12 per 1,000** elderly population suffer from **epilepsy in India.**²

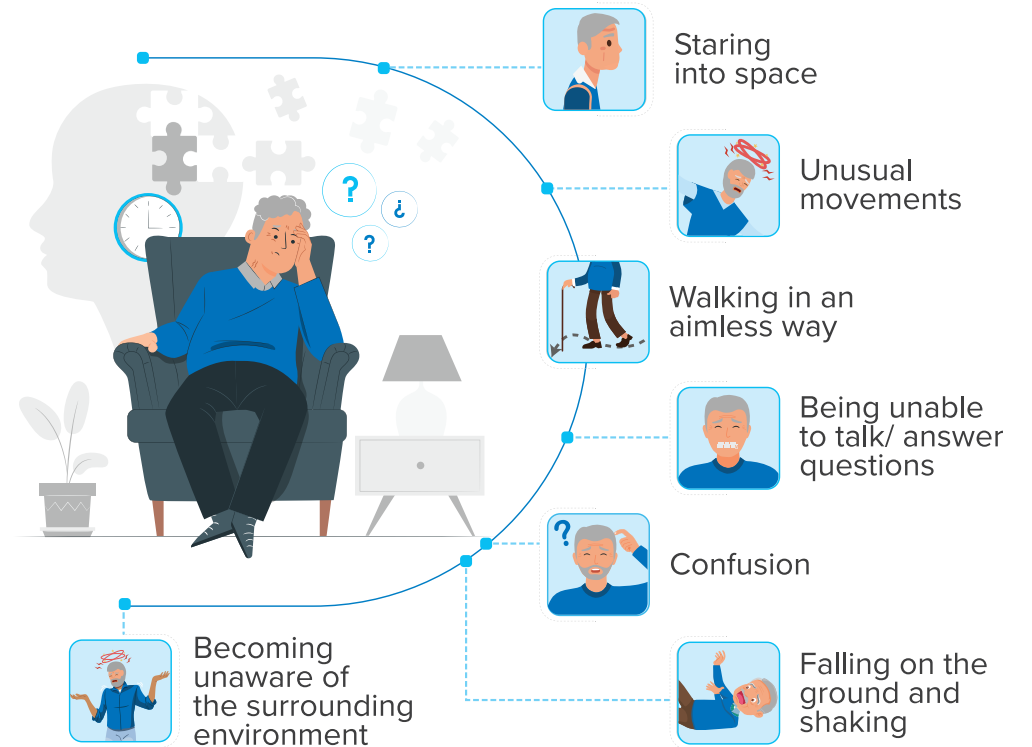
Seizures are more common in the older age group due to brain injuries or other factors, like:¹



In addition, some factors can also trigger epilepsy in elderly, such as:³



You can look out for the following symptoms of epilepsy in elderly⁴



If an older member in your family suffers from seizures, you can take the following precautions:^{5,6}

Do not let them lock the door while taking a shower. Preferably have sliding doors and outward opening doors.

Use a shower chair and prefer taking showers only when someone is at home

Avoid items made of glass

Let them take showers instead of baths

Cover sharp corners in the house (e.g., bedding corners)

Let them wear a protective helmet in case of frequent falls

