



# Protect your child from Flu this season

Annual seasonal flu vaccine is the best way of protection against flu<sup>1</sup>

Every flu season is different<sup>1</sup>



Flu viruses are constantly changing<sup>2</sup>



Last year's vaccine will not protect you<sup>3</sup>

Complications of flu in children<sup>4</sup>



35% higher OPD visits<sup>4</sup>



23% higher risk of Asthma<sup>5</sup>



44% higher death rate<sup>6</sup>

Benefits of flu vaccination



Prevents flu infection in family and community<sup>2</sup>



48% reduction in school absenteeism<sup>7,8</sup>



74% reduction in ICU admission<sup>9</sup>

WHO\* updates Flu vaccine strain every year<sup>10</sup>

CDC# CDC recommends a yearly Flu Vaccine for everyone aged 6 months and beyond<sup>11</sup>



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\*WHO: World Health Organization #CDC: Centre of Disease Control and Prevention, OPD: Out Patient Department, ICU: Intensive Care Unit

1. Key facts about seasonal flu vaccine [Internet] [Updated on: Nov 18, 2021]. Available at: <https://www.cdc.gov/flu/prevent/keyfacts.htm>. Accessed on: Mar 10, 2022. 2. Vaccine for flu (Influenza) [Internet] (Updated on: Aug 2, 2019). Available at: <https://www.cdc.gov/vaccines/parents/diseases/flu.html>. Accessed on: Mar 10, 2022. 3. Flu shot: Your best bet for avoiding influenza [Internet] (Updated on: Sept 10, 2021). Available at: <https://www.mayoclinic.org/diseases-conditions/flu/in-depth/flu-shots/art-20048000>. Accessed on: Mar 10, 2022. 4. Neuzil KM, Mellen BG, Wright PF, et al. The effect of influenza on hospitalizations, outpatient visits, and courses of antibiotics in children. *N engl j med*. 2000; 342(4):225-231. Available at: <https://pubmed.ncbi.nlm.nih.gov/10648763/>. 5. Miller EK, Griffin M, Edwards KM, et al. New vaccine surveillance network. Influenza burden for children with asthma. *Pediatrics*. 2008; Jan; 121(1):1-8. Available at: [https://pubmed.ncbi.nlm.nih.gov/18166550/#:~:text=the%20prevalence%20of%20asthma%20in,19%20\(23%25\)%20](https://pubmed.ncbi.nlm.nih.gov/18166550/#:~:text=the%20prevalence%20of%20asthma%20in,19%20(23%25)%2). 6. Ohadk%20asthma 6. Pediatric flu deaths during 2019-2020 reach new high [Internet] (updated on: Jun 4, 2021). Available at: <https://www.cdc.gov/flu/spotlights/2020-2021/pediatric-flu-deaths-reach-new-high.htm>. Accessed on: Mar 21, 2022. 7. King JC, Cummings GE, Stoddard J, Readmond BX, Magder IS, Stong M, et al. A pilot study of the effectiveness of a school-based influenza vaccination program. *Pediatrics*. 2005 Dec; 116(6):868-873. Available at: <https://pubmed.ncbi.nlm.nih.gov/16322144>. 8. Pannaraj PS, Wang HJ, Rivas H, Wiryanan H, Smit M, Green et al. school-located influenza vaccination decreases laboratory-confirmed influenza and improves school attendance. *Clin infect dis*. 2014 Aug; 59(5):325-332. Available at: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4154459/>. 9. The flu: A guide for parents [Internet] (updated on: Mar 2019). Available at: <https://www.cdc.gov/flu/pdf/parentsresources/family/flu-guide-for-parents-2018.pdf>. Accessed on: Feb 25, 2022. 10. Influenza (seasonal) [Internet]. World health organization; [cited 2023 Sept 1]. Available from: [https://www.who.int/news-room/fact-sheets/detail/influenza-\(seasonal\)](https://www.who.int/news-room/fact-sheets/detail/influenza-(seasonal)).#:~:text=due%20to%20the%20constant%20evolving,updates%20the%20composition%20of%20influenza%20I. Preventive steps [Internet]. Centers for disease control and prevention; Centers for disease control and prevention; 2022 [cited 2023 Apr 5]. Available from: <https://www.cdc.gov/flu/prevent/prevention.htm>. 11. <https://ncdc.gov.in/index4.php?Lang=F&level=0&includ=119&id=278>

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