

VAX-e-GUIDE

Take your

BEST SHOT!

with vaccination as your
first decision for my care

VACCINATION FOR BABIES
MADE EASY FOR EVERY PARENT



VACCINATION FOR BABIES WHAT EVERY PARENT MUST KNOW

When it comes to vaccination for babies,
parents have a lot of questions on their mind.

What does it do?

When do you get one?

Is it safe?

What if the baby cries a lot?

The list is endless...

At Sanofi Pasteur, it is our endeavour
to help you get a deeper understanding
about vaccination for your child.

From fascinating trivia to helpful tips and tricks,
this VAX-e-GUIDE is your go-to resource
on vaccination for babies.

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YOUR BABY MIGHT BE SUSCEPTIBLE TO SEVERAL SERIOUS DISEASES

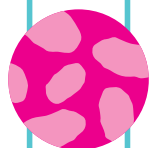
A 6-in-1 vaccine given at 6, 10, 14 weeks of age, can protect your child against six infectious diseases.

DIPHTHERIA



An infection that affects the **throat and tonsils**. Diphtheria causes white to dirty grey discolouration.¹

PERTUSSIS



Also known as **whooping cough**, due to the characteristic high-pitched whoop noise when a patient breathes in, after a coughing fit.²

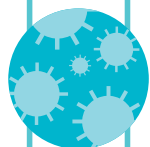
Infants can experience **severe coughing attacks** that can make them turn blue or vomit. They are at risk of pneumonia, seizures, lung collapse and death.²

TETANUS



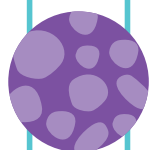
Also known as **lockjaw**, due to the characteristic muscle stiffness that begins in the jaw and neck. Tetanus is a serious infection that can result in death. It can be contracted via infected cuts, as it is commonly found in the natural environment.³

POLIO



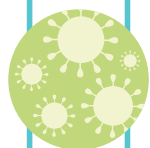
Poliomyelitis (polio) is a highly infectious disease that attacks the central nervous system and brain, potentially resulting in **severe and irreversible paralysis** and death.⁴

HAEMOPHILUS INFLUENZAE TYPE B



Haemophilus influenzae type B (Hib) can cause **meningitis** (inflammation of the brain and spinal cord) and may even result in hospitalization.⁵

HEPATITIS B



A potentially life-threatening infection that **attacks the liver**, causing characteristic yellowing of the skin. Almost half of all patients will show no signs of infection but may still develop a chronic infection.⁶

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WHAT DO YOU NEED TO KNOW ABOUT 6-in-1 VACCINES?



HEXAVALENT (6-in-1)

These vaccines protect your baby against 6 serious infectious diseases with a single injection given at 6, 10, 14 weeks⁷



LESS PAINFUL

Few of these vaccines are less painful as post vaccination, they cause less fever, injection-site pain and swelling⁸



PROVEN EFFICACY* GLOBALLY

Less painful vaccines effectively protect babies from the disease. This is proven in multiple clinical studies globally⁹

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HERE ARE A FEW TIPS & TRICKS TO CALM YOUR BABY DURING THE VACCINATION VISIT¹⁰

HOW TO HOLD YOUR CHILD DURING VACCINATION?



Different holds are needed depending on the age and size of your child.¹⁰

Embracing your child during vaccination, offers several benefits:

- It safely prevents your child from any movement during vaccination
- It avoids frightening your child, as you embrace them rather than overpower them
- It comforts your child
- It allows your doctor to steadily control your child's limb and the injection site

HERE'S HOW YOU CAN MAKE YOUR BABY'S VACCINATION PROCESS LESS STRESSFUL

If your child is getting an injection on the leg, you can:

- Hold your child on your lap
- Place your child's arms under one of your own arms and around your back, and apply gentle pressure for a secure, hug-like hold
- Use your free arm and hand, to hold your child's other arm gently but securely
- Anchor your child's feet firmly between the thighs



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TIPS FOR A LESS STRESSFUL VACCINATION VISIT¹⁰

Here are simple ways you can support your child before, during, and after vaccination.¹⁰



BEFORE GETTING VACCINATED

- Read any vaccine material you received from your child's doctor, and write down any questions you may have
- Find your child's personal immunization record and take it along for your appointment
- Pack a favourite toy or book, and a blanket that your child uses regularly

- Distract and comfort your child by cuddling, singing or talking softly
- Smile and make eye contact with your child
- Comfort your child with a favourite toy or book
- Hold your child firmly on your lap, whenever possible



DURING VACCINATION

POST VACCINATION

- Review any information your doctor gives you about the vaccine
- Use a cool, wet cloth to reduce soreness and swelling, in the place where the injection was given
- Reduce any fever with a cold sponge bath or a non-aspirin pain reliever (subject to doctor's approval)
- Give your child lots of liquid within the first 24 hours after getting the vaccine
- Pay extra attention to your child for a few days



Note: The comforting holds outlined above are suggestions, not guidelines. Some healthcare professionals may prefer to use different holds or have the child on the exam table when administering immunizations.

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CONGRATULATIONS
FOR STEPPING UP YOUR CARE QUOTIENT
WITH THIS VAX-e-GUIDE

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10. The Centres for Disease Control and Prevention (CDC), the American Academy of Family Physicians (AAFP), and the American Academy of Pediatrics (AAP) adapted this information from Be There for Your Child during Shots, California Department of Public Health Immunization Branch. 800-CDC-INFO (800-232-4636) • www.cdc.gov/vaccines

Disclaimer: This is a part of the public awareness initiative on vaccination supported by Sanofi Pasteur India. Sanofi Pasteur believes in a world where no one suffers from a vaccine-preventable disease. One should consult their healthcare provider for any health-related information.

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Sanofi House, CTS No. 117-B, L&T Business Park, Saki Vihar Road, Powai, Mumbai 400 072.